The 2014 Annual School Report is now available on the school website. Click here or go to www.kensington-p.schools.nsw.edu.au choose the tab ‘Our School’ and then select the ‘Annual School Report’ link which includes a range of previous school reports.

The report provides a snapshot of activities and results about student achievement at Kensington Public School.

Food 4 Thought is the new Canteen service provider from today, Wednesday 18 February. Thank you to Justin who was successful through the tender process to supply quality healthy lunches.

Thank you to the parents from the P&C Kajsa Humphreys, Mary Wong, Miriam Nagib and Helen Pellegrino for their advice about the menu.

Munch Monitors is the website where parents can go to order student lunches. The menu can be found on our website and in this newsletter.

Please note that the berries used in the smoothies are fresh and not frozen.

Swimming Carnival 2015
**Tell Them From Me Student Survey**

Our school, like many others in the state, will participate in a Department of Education and Communities initiative: the *Tell Them From Me* student feedback survey. The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.


The survey is a great opportunity for our students to provide our school with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the *Tell Them From Me* survey to help improve how they do things at school.

I want to assure you that the survey is confidential and school staff will not be able to identify individual students from their responses. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between 9 March and 2 April. Participating in the survey is entirely voluntary.

A consent form and FAQs for parents/carers about the survey is attached to this newsletter. If you do not want your child or children to participate, please return the form to school by Friday 27 February. Copies of the form and FAQs are available from the website above and on our own school website.

**Before and After Care**

A new company is proposing to open a Before and After Care which is aiming to accommodate the large number of students on our current KPS OOSH waiting list. So the current needs of the community of this centre can be understood a website has been created with a short form for parents to fill out.

Relevant authorities are processing the application and hope to be up and running by the end of term one.

The site is [www.squiggler.com.au](http://www.squiggler.com.au)

**School Council Elections**

Each year there are three elected representatives sought from the parent community to sit on the school council. Over the past three weeks we have asked for nominations from the parent community. Three nominations came in for the three available positions.

Therefore no election is necessary with the following people elected to the council.

Mrs Stephanie Francis, Mrs Rola Hijwel and Mrs Miriam Nagib.

Congratulations to these parents.

The main challenges for 2015 will be to understand the challenges of an increasing school enrolment on a site with limited space.

**Notes Home this week**

Notes are generally sent home each Wednesday. We find that if we have one day where notes are sent home then parents are able to look for them on that day.

- Student Survey – Tell Them From Me

**Library News- Thank you**

Many thanks to all those parents who so generously donated to our Library fund (which is tax deductible).

This enables us to maintain and equip a very important learning facility for all students.

Donations may be made at any time and all over $100 are acknowledged with a brass plate on our Library Fund appreciation board. We can’t thank the Kensington Public School community enough for such a wonderful tribute.

Meghan Curtis and Sandy Blanch

Please use our Skoolbag app to update your contact details. We are finding that addresses, telephone numbers and email addresses have changed and the school is unaware of the change of details.

Under the e-forms tab of the app you can update your details.

Thank you to those who did so as a result of our plea at last Monday’s ‘Meet the Teacher’ evening.
Repeated Items

Photo Day Tuesday 24th February 2015.
Please ensure that students are wearing the correct school uniform and footwear. Each child is given an envelope which is self-explanatory with price breakdowns, methods of payment and options to select. These envelopes must be returned on or before photo day. For any payments after photo day, parents are to contact the photographer directly on www.theschoolphotographer.com.au or call 96749824. If you would like sibling photos, pre-payment envelopes are available at the office. All sibling photographs should be paid for in these envelopes and kept separately.

Please do not use the school’s online payment system for these photos.

Thank you for your co-operation. Maria Alexandrou

P&C News

All P&C committee positions are open at the beginning of each year. All parents are welcome to attend meetings and/or be part of the committee. Elections are held at the AGM, with accepting candidates being asked to commit to 1 year. There are 5 positions, with currently no nominations:

P&C President
Vice President 1
Vice President 2
Secretary
Treasurer

If you would consider being nominated for one of these positions, please email kensopandc@gmail.com or phone Helen on 0431 959295 to find out more information.

We hope to see many of you at the P&C AGM on Tuesday 24th February at 7.30pm. Meetings are typically 1 1/2 hours in length and there is no obligation to sign up to do anything. Fundraising is only a part of P&C business and contributing could be as simple as telling us about a source for a particular service we need. Simply listening to what is going on is a valuable contribution so that when you do have time you will be well equipped to become involved.

In short, we encourage everyone to really embrace our school's P&C in 2015 and join in the exciting opportunities to share in enhancing our children’s educational journey.

Uniform Shop

Tuesdays and Thursdays 8.30 am to 9.00 am.
Please note that payment is by cash or cheque only.
- Short sleeved polo tops sizes 4, 6, 8 are currently out of stock.
- Raincoats sizes small, medium and large are now in stock.

P&C Meeting 24/2 at 7.30pm
A very special talk no parent should miss about the use of Instagram in schools, whether your child uses it or not!

There are important facts parents need to be aware of about the use of certain types of social media.

At 7.30pm – 8pm just before the P&C AGM the police will share their strategies in dealing with these important social media activities.

School Council Meeting 24/2
At 6.30pm

Ethics Teacher Needed

Due to the increased size of Kindergarten this year, we do not have enough teachers to teach the Primary Ethics complement to Scripture. If a teacher cannot be found, then we will not be able to offer this program for some children. If you are interested in finding out about volunteering at Kensington, lessons are held on Wednesdays 1.45-2.15pm.

Please visit http://www.primaryethics.com.au/ethicsteacher.html for more information and to register your interest.

Angelica of 3P drew this self-portrait which was used as a surprise for the parents visiting the rooms during the Meet the Teacher evening.

Each child also wrote a description of themselves as a learner in 3P.
School Band News

Our first week of band is now complete for 2015, and what a week it was. All Junior Band students had their very first tutorial and learnt how to assemble their instruments, how to play their first notes and how to look after their instruments properly. All students should have received a ‘beginner kit’ which was a brightly coloured bag with their band book and a music diary – yellow bags for flute, orange for clarinet, red for saxophone and blue for brass/percussion students.

If you did not receive your bag or books yet, please don’t worry, you will receive one at your next lesson.

Don’t forget that the first Junior Band Rehearsal will be on Thursday morning at 8:00am in the performing arts classroom. Please bring your instrument and books to every rehearsal and tutorial – you will also need to have a lead pencil with you.

During your home practice session this week you should make sure you know how to assemble your instrument and practice making a sound – the best sound you can manage.

Tutorials will be running as normal on Thursdays during school hours every week.

I hope you all had a great first experience with the band program and are looking forward to having an exciting year – please don’t hesitate to contact me if you have any enquires or concerns.

Happy practicing! Belinda Jones Program Manager

Rob Woodhouse Band Tuition (Hall)

<table>
<thead>
<tr>
<th>Week</th>
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<td>1, 4, 7, 10</td>
<td>2, 5, 8, 11</td>
<td>3, 6, 9</td>
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<tr>
<td>9.00</td>
<td>Junior</td>
<td>Senior</td>
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<td></td>
<td>Clarinet A</td>
<td>Clarinet A</td>
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<tr>
<td>9.30</td>
<td>Junior</td>
<td>Senior</td>
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<td>Clarinet B</td>
<td>Clarinet B</td>
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<tr>
<td>10.00</td>
<td>Senior</td>
<td>Junior</td>
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<td>Clarinet A</td>
<td>Clarinet A</td>
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<td>10.30</td>
<td>Senior</td>
<td>Senior</td>
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<td>Clarinet B</td>
<td>Saxophone</td>
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<td>11.00</td>
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<td>RECESS</td>
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<tr>
<td>11.30</td>
<td>Junior</td>
<td>Senior</td>
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<tr>
<td></td>
<td>Saxophone</td>
<td>Clarinet A</td>
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<tr>
<td>12.00</td>
<td>Senior</td>
<td>Junior</td>
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<tr>
<td></td>
<td>Saxophone</td>
<td>Clarinet B</td>
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Tahlia Headon Flute Tuition (Greek Room)

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<tr>
<th>Week</th>
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<tr>
<td>1, 4, 7, 10</td>
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<td>11.30</td>
<td>Senior</td>
<td>Senior</td>
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<td>Flute A</td>
<td>Flute B</td>
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<tr>
<td>12:00</td>
<td>Senior</td>
<td>Junior</td>
</tr>
<tr>
<td></td>
<td>Flute B</td>
<td>Flute A</td>
</tr>
<tr>
<td>12:30</td>
<td>Junior</td>
<td>Senior</td>
</tr>
<tr>
<td></td>
<td>Flute</td>
<td>Flute B</td>
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</tbody>
</table>

Tara Robertson Brass Tuition (Mandarin Room)

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<tr>
<th>Week</th>
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<tbody>
<tr>
<td>1, 4, 7, 10</td>
<td>2, 5, 8, 11</td>
<td>3, 6, 9</td>
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<tr>
<td>9.00</td>
<td>Junior</td>
<td>Senior</td>
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<td></td>
<td>Trumpet</td>
<td>Brass B</td>
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<tr>
<td>9.30</td>
<td>Junior</td>
<td>Senior</td>
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<tr>
<td></td>
<td>Trombone</td>
<td>Trumpet</td>
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<tr>
<td>10:00</td>
<td>Senior</td>
<td>Junior</td>
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<td></td>
<td>Brass A</td>
<td>Trombone</td>
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<tr>
<td>10:30</td>
<td>Senior</td>
<td>Senior</td>
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<tr>
<td></td>
<td>Brass B</td>
<td>Trombone</td>
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</tbody>
</table>

Johan Rahman Percussion Tuition (Hall)

<table>
<thead>
<tr>
<th>Odd weeks 1, 3, 5, 7, 9, 11</th>
<th>Even Weeks 2, 4, 6, 8, 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>12.30 Senior Percussion</td>
<td>Junior Percussion</td>
</tr>
<tr>
<td>1.00 Junior Percussion</td>
<td>Senior Percussion</td>
</tr>
</tbody>
</table>

Tell Them From Me Student Survey

If you do not want your child to participate in the student feedback survey, please sign this form and return it to your school by Friday 27 February 2015.

I (print name)

DO NOT give consent for my child/children (print name/s)

of class/es to participate in the Tell Them From Me student feedback survey.

Signed

Date
Calendar

**Week 5**

Mon 23rd – Roosters NRL Eat Well Live Well Visit
Tues 24th – Class Photos
- School Council Meeting 6.30pm
- P&C 7.30pm
- Instagram and Social Media Talk
- Speech & Drama Lessons at 8am
Thurs 26th – P&C/Kinder Night 6.30pm Café Jacks
Fri 27th – Clean Up Schools Day

**Week 6**

Tues 3rd March – Speech & Drama Lessons at 8am
Wed 4th March – Gifted and Talented Art Classes
- Zone Swimming
Fri 6th March – Matt Thistlethwaite Leadership Awards

**Week 7**

Wed 11th March – Gifted and Talented Art Classes
- Zone Swimming
Thur 12th March – Selective High Schools Test

PSSA Results

PSSA results from games played 13 February 2015

**T-ball/Softball v Darlinghurst B at Queens Park**
- **Juniors** won **Score** 15-0
- **Player of the Week** Montanah
- **Seniors** won **Score** 6-2
- **Player of the Week** Sasha

**Highlights** both teams played exceptionally well to record wins in the first game of the season. In the Juniors Amelia did some strong hitting and in the Seniors Carla pitched very well.

**Cricket v Randwick A at Queens Park**
- **Junior Boys** lost **Score** 61-17
- **Player of the Week** Tri
- **Senior Boys** lost **Score** 41-31
- **Player of the Week** Adem

**Highlights** The Junior team tried their best in the first game of the new PSSA. Further training will improve their skills. The Seniors narrowly lost but bowled quite well in the hot conditions.

**Next Opponent** Double Bay

Thank you- Working Bee

Whilst we were unable to complete the sandpit that has become so popular with the younger children, the three parent members who came along to Saturday's working bee completed a range of tasks that will assist the students, from mulching, ensuring the canteen is ready and signage. Thanks to Simon Brooks, Binh Johnson and Chandrika Windsor.

MindQuest 2015

On Saturday 28 and Sunday 29 March 2015 the NSW Talent Enrichment Weekend MindQuest will be held for primary students from Years 1-6 at St George Girls HS. These include gifted and talented students, gifted underachievers and students with above average ability with a special interest. Students will have an opportunity to participate in over 38 exciting, fast paced courses in the two day program. The cost of the weekend is $180 (including GST). Contact the school office for a brochure. Closing date Friday 6th March 2015.

Dear Parents,

To make payment for school photos after photography date you can do one of the following options:

1. Go to www.theschoolphotographer.com.au then “Click here for School Photography Online Payments” and follow the on screen instructions. Write the order number on the envelope which is received via email and post to us.

OR

2. Ring our office on 9674 9624 and we can take Credit Card details over the phone.

OR


Please post your completed order envelope to:
Unit 20, 14-16 Stanton Road, Seven Hills, NSW 2147
Open Night for Randwick Boys’ High

I am often asked when I visit Primary Schools when our Open Night occurs. The various government high schools in the area attempt to coordinate Open Nights so that they do not occur on the same night, to give parents who are “shopping around” the opportunity to visit different schools.

For 2015, Randwick Boys’ High School Open Night will be held on Tuesday March 10 from 5.00 – 7.30pm. Primary schools will receive information shortly detailing the events for Open Night. It is a great opportunities to meet key staff and students to talk about the school. Don't just take my word for it, you can ask others at Open Night and learn what a great school Randwick Boys’ High School is.

Wayne Dunscombe, Principal RBHS

New Confucius Classroom Teacher

In the next few weeks the school will host a second volunteer Confucius Classroom (CC) Teacher. Mr Yang is from China and will be supporting Miss Wang our current volunteer CC teacher and also our Mandarin Languages program led by Miss Guo.

We are looking for accommodation for this teacher and are hoping that our community can assist with knowledge of a 'granny' flat or small apartment. These volunteer teachers receive a small weekly allowance, from China, to assist them with accommodation. However, with rentals in this area and the broader Eastern Suburbs, being so high, it is impossible to meet accommodation needs in the usual way.

Eighteen months ago a kind parent assisted the school with accommodation for Miss Wang as a new arrival into Australia.

COLA

As you can see the removal of the existing posts and preparatory work for footings of the new posts have been completed.

From Tuesday 24th February the installation of the new Covered Outdoor Learning Area (COLA) commences, which should take about four days. Access to the school will again be limited before 8.15 am and after 3.15pm.

P&C Special

30 min Talk by the Police about the impact of Instagram.

There are important facts parents need to be aware of about the use of certain types of social media.

At 7.30pm – 8pm just before the P&C AGM the police will share their strategies in dealing with these important social media activities

Past Student, Alex Pellegrino’s winning poem from the Poetry Object 2014, was broadcast as part of a feature on The Red Room Company’s Poetry Object on the new Earshot program on ABC Radio National, at 11am on Wed 18th February. To read the poem go to our website here and scroll to page three.
SAVE TIME with our ONLINE CANTEEN!

Order from the Kensington Public School canteen ONLINE!

✓ place lunch orders online up to 4 weeks in advance
✓ top-up your account online using VISA/MasterCard (or with cash at the canteen)
✓ online account statements
✓ list allergies to alert canteen staff during account sales

How do I set up an online account?

It’s quick & easy!

- go to www.munchmonitor.com
- click LOGIN then REGISTER
- enter School ID: kps and p/w: munch2033
- follow the steps to sign up

Follow the easy steps to create your account:

1. Create a Parent Profile
2. Add your Students to your account
3. Click on Account Top-up to transfer money into your account.
4. You’re ready to use your online account!

What does it cost?

This fantastic service is only $2.50 per Family Account per term (irrespective of the number of times you use your account). You can cancel at any time & there are no other fees to use MunchMonitor.

Need more information?

Send an email to help@munchmonitor.com

Thousands of parents are enjoying the convenience of MunchMonitor every day. Here’s what some have to say:

“I think this has to be one of the greatest things to be introduced to the school.... so thank-you!”

“It’s simple & convenient”

“I like knowing my teenage son has options that will mean he is eating enough during the day”

“Absolutely love the fact that you don’t have to give them money to take to school”

“I don’t have to worry about forgetting to give them money”
## Snacks

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Tip Top The One White Toast with spreads (2)</td>
<td>$0.50</td>
</tr>
<tr>
<td>Tip Top Raisin Toast</td>
<td>$0.50</td>
</tr>
<tr>
<td>Homemade Banana Bread</td>
<td>$3.00</td>
</tr>
<tr>
<td>Golden Pikitet Bites (2) with spreads</td>
<td>$1.00</td>
</tr>
<tr>
<td>Juicy Watermelon Wedge</td>
<td>$1.00</td>
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<tr>
<td>Whole seasonal fruit</td>
<td>$1.50</td>
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<tr>
<td>Com on the Cob</td>
<td>$1.50</td>
</tr>
<tr>
<td>Sunrise Rice Snacks Mini Bites</td>
<td>$0.50</td>
</tr>
<tr>
<td>Crey Cheese, Devilish Chicken, Spooky</td>
<td>$1.50</td>
</tr>
<tr>
<td>Original or Scary Salt and Vinegar</td>
<td>$1.00</td>
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**MunchMonitor - use the online ordering service**

## Frozen Treats

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<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Juice Tubes - 150mL</td>
<td>$3.50</td>
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<tr>
<td>Orange, Lemonade, Tropical or Wildberry</td>
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</tr>
</tbody>
</table>

**Food4Thought - Kensington Public School**

## Daily Lunch Specials

- Monday: Homemade meatballs with spaghetti and tomato sauce
- Tuesday: Sushi Rolls - Chicken & Cucumber, Tuna & Cucumber, Avocado
- Wednesday: Baked Potato with tasty cheese and logo baked
- Thursday: Sushi Rolls - Chicken & Cucumber, Tuna & Cucumber, Avocado
- Friday: Baked Chicken Schnitzel with rice and greens

- All food is grilled or oven baked (no frying)

## Daily Lunch Specials will change each term

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Pump Mini 400ml</td>
<td>$2.00</td>
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<tr>
<td>Mount Franklin Lightly Sparkling</td>
<td>$2.50</td>
</tr>
<tr>
<td>Plain, Wild Berry, Lemon or Lime</td>
<td>$2.00</td>
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## Refreshing drinks

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<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Hot Chocolate</td>
<td>$2.50</td>
</tr>
<tr>
<td>Nothing but apples, nothing but oranges,</td>
<td></td>
</tr>
<tr>
<td>nothing but apple and blackcurrant or</td>
<td></td>
</tr>
<tr>
<td>tropical juice</td>
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## Sandwiches, Wraps & Salads

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Vegemite, Honey or Jam Sandwich</td>
<td>$2.50</td>
</tr>
<tr>
<td>Cheese, Baked Bean, Spaghetti or Egg</td>
<td>$3.00</td>
</tr>
<tr>
<td>Sandwich Ham (GF), Tender Chicken Breast (GF), Tuna or Salmon</td>
<td>$4.00</td>
</tr>
<tr>
<td>Sliced Sandwich</td>
<td>$5.00</td>
</tr>
<tr>
<td>All Sandwiches made with Tips The One Soft White or Tip Wholemeal, Wraps or Rolls</td>
<td>$5.00</td>
</tr>
<tr>
<td>All Sandwiches can be toasted</td>
<td></td>
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**Additional Fillings include:**
- Double Smoked Leg Ham (GF), Tender Chicken Breast (GF), Tuna, Salmon, Baked Beans
- Spaghetti, Lettuce, Tomato, Tasty Cheese, Carrot, Egg, Avocado or Cucumber
- Sauces included: BBQ Sauce, Mayonnaise or Tomato Sauce

## Nutritional Value

- Food made from meat, fish, and/ or vegetables are good sources of protein.
- Good for filling dietary gaps in the diet.
- Fish, seafood, and lean meat are all good sources of protein. They are low in fat and high in protein.
- Vegetables and fruit are good sources of vitamins, minerals, and fiber.
- Whole grains and legumes are good sources of protein and fiber.
- The sugar in drinks is higher than that in fruits, but generally lower than that in fruits.
- There may be a high intake of saturates and sugar in some of our healthier green items.